



Beany Pasta Bake

10 Portions

Ingredient

Amount

Pasta	350g
Chick Peas	200g
Kidney Beans	100g
Cannellini Beans	100g
Peas	75g
Carrots	75g
Mixed Herbs	5g
Tinned Tomatoes	700g
Grated Cheese	200g

Method:

- Rinse and drain chick peas, kidney beans & cannellini beans
- Peel and finely diced carrots
- Cook pasta and vegetables separately
- Then mix together all ingredients except grated cheese
- Taste and adjust if needed
- Put into tin and sprinkle with cheese
- Oven bake reg 6 or 200c for approx. 15 minutes

